



# Blue Star Mothers of Iowa Supporting Those Who Serve

The Blue Star Mothers of Iowa are working on their annual holiday care package drive. Once items are collected and assembled, they will be sent to deployed service men and women around the world.

We now seek assistance in providing the items for the care packages but also monetary donations to purchase the contents and/or pay for the postage to send the boxes overseas.

If you or your organization would like to assist, please let us know as any help is greatly appreciated. We are a non-profit 5051C.3 organization.

## Food

Beef Jerky  
Candy Bars  
Canned Fruit  
Cereal Bars  
Cheese Spread  
Chex Mix  
Chips  
Crackers  
Condiments (Packets only)  
Crystal Light Mixes

Dried Fruit  
Gatorade Powder  
Gum  
Hard Candy  
Hot Chocolate  
Instant Coffee  
Instant Oatmeal  
Jelly  
Kool-Aid Mix  
Microwave Popcorn

Nuts  
Peanut Butter  
Pop-Tarts  
Protein Bars  
Pudding Cups  
Salsa  
Slim Jim's  
Snack Cups  
Sunflower Seeds  
Trail Mix

## Toiletries\*

Advil Or Tylenol  
After Shave  
Antacids  
Anti-Bacterial Wipes  
Baby Wipes  
Body Powder  
Body Wash  
Chapstick  
Cold Meds  
Conditioner (Travel size)

Cough Drops  
Dental Floss  
Deodorant  
Disposable Razors  
Eye Drops  
Facial Soap  
Foot Powder  
Foot Soaks  
Insect Repellent  
Kleenex (Travel size)

Lotion  
Mouthwash (Travel size)  
Nasal Spray  
Q-Tips  
Sinus Meds  
Shampoo (Travel size)  
Sunscreen (Lotion only)  
Toothpaste

## Other

5-Hour Energy  
Batteries – All Sizes  
Books  
Card Games  
Crossword Puzzle Books

Frisbees  
Hand And Sock Warmers  
iTunes Gift Cards  
Mad Libs  
Nerf Balls

Word Puzzle Books  
Sudoku  
Travel Size Games

## Donate Now

Please send items or monetary donations to: PO BOX 751, Johnston, IA 50131.

Make checks payable to Blue Star Mothers of Iowa.

Contact us at [bluestarmothersia1@gmail.com](mailto:bluestarmothersia1@gmail.com)

**\*NO AEROSOL CANS**

Purchase  
items online  
with Amazon



Donate  
through  
Square

